

If you wish to purchase lunch, please include your lunch choice on the registration form when registering. The cost is \$9.00, and will be added to your registration fee.

Morning snacks, provided by Whidbey Pies, are included in your registration fee.

Coffee, donated by ***Useless Bay Coffee Company***, will be available throughout the day and served by local 4-H members. 4H will provide the afternoon snack .

Donations - to support the 4-H program - will be welcomed.



Lunch choices

Brought to you by ***Whidbey Pies Café and Catering***, Greenbank WA
Sound Waters—Saturday, February 4th, 2012



☞ Boxed Lunches ☞

Vegetarian Salad (gluten free)

*Quinoa, Roasted Winter Vegetables, Walnuts & Cranberries
on Seasonal Greens with Sage & Citrus Vinaigrette
Petite Whole Grain Roll available (for non-gluten)*

Turkey & Havarti Wrap Sandwich

*Roasted Turkey Breast, Havarti Cheese, Cranberry Chutney & Seasonal Greens
Wrapped in Sun-dried Tomato Tortilla
Roasted Vegetable Side Salad & Garnish*

Roast Beef & Cheddar Sandwich

*Roasted Beef, Cheddar Cheese on Tuscan “Screaming Banshee Bread”
Mayo, Mustard & Greens
Roasted Vegetable Side Salad & Garnish*